



Become an Athlete

Special Olympics Virginia - Loudoun County (SOVAL) provides year round athletic training and competitions at no cost to our athletes. SOVAL provides opportunities to develop fitness, perseverance, experience joy and form friendships with other athletes and their families.



Revealing the champion in all of us

Who Can Participate

- Anyone age 8 or older who has an intellectual disability
- There is no maximum age for participation
- If available, children ages 2-7 can participate in our Young Athletes program

Athlete Eligibility

- Register online or in person to participate in Special Olympics by completing the Special Olympics Virginia Registration and Release and Medical forms
- The athlete must be identified by an agency or professional as having:
 - An intellectual disability
 - A cognitive delay as determined by formal assessment
 - Vocational problems due to cognitive delay that require or have required specially designed instruction

How to Get Involved



Step 1

Confirm eligibility by reviewing who can participate above.



Step 2

Go to the website, click Athlete, complete the required forms.



Step 3

Go to the website, click Sports and register for one or more of our seasonal sport selections.



Visit us at www.sovaloudoun.org or

Contact us at info@sovaloudoun.org with any questions.

Scan the Code



For more Information